

我可以在何處「取材本地」？

盡可能選擇卑詩省食物和飲品，從而做到「取材本地」。為幫助您踏出第一步，以下是在低陸平原及周圍地區致力出售和奉上本地食物的商戶名單。它們是取材本地商業聯盟(Get Local Business Alliance)的一分子。這份名單愈來愈長，隨著聯盟茁壯成長，會有更多商戶加入，因此務必每星期都查看。

送餐服務：

Sliced Tomatoes - www.slicedtomatoes.ca (Vancouver)

外賣食品：

Curry 2 U - www.curry2u.com (Granville Island)

食品雜貨商：

- Capers Community Markets - www.capersmarkets.com (Vancouver - various locations)
- Choices Markets - www.choicesmarkets.com (Lower Mainland - various locations)
- Drive Organics (Vancouver - 1045 Commercial Drive)
- East End Food Cooperative - www.east-end-food.coop (Vancouver - East)
- Edible British Columbia - www.edible-britishcolumbia.com (Vancouver - Granville Island)
- Fraser Valley Farm Direct Marketing Association - www.bcfarmfresh.com (Fraser Valley)
- Hopcott Premium Meats - www.hopcottmeats.ca (Pitt Meadows)
- The Organic Grocer - www.organicgrocerweb.ca (Surrey)
- Planet Organic Market - www.planetorganic.ca (Port Coquitlam)
- Small Potatoes Urban Delivery - www.spud.ca (Vancouver - Granville Island)
- Stong's Markets Ltd. - www.stongs.com (Vancouver - West)
- Terra Breads - www.terrabreads.com (Vancouver - various locations)
- UBC Farm - www.landfood.ubc.ca/ubcfarm (Vancouver - West)
- West Valley Market (Vancouver - 1156 Bute Street)
- Your Local Farmers Market Society - www.eatlocal.org (Vancouver - various locations)

運送食品雜貨：

Small Potatoes Urban Delivery - www.spud.ca (Greater Vancouver & Sea-To-Sky)

餐廳：

- Aurora Bistro - www.aurorabistro.ca (Vancouver - East)
- Beyond Restaurant & Lounge - www.beyondrestaurant.com (Vancouver - Downtown)
- C Restaurant - www.crestaurant.com (Vancouver - Downtown)
- Cactus Club Café - www.cactusclubcafe.com (Various Locations)
- Capilano Suspension Bridge - www.capbridge.com (North Vancouver)
- Edible Planet - www.edibleplanet.ca (Vancouver - East)

- Elixir at the Opus Hotel - www.elixirvancouver.ca (Vancouver - Downtown)
- Le Gavroche Restaurant - www.legavroche.ca (Vancouver - Downtown)
- nu restaurant + lounge - www.whatisnu.com (Vancouver - Downtown)
- Pair Bistro - www.pairbistro.ca (Vancouver West)
- Raincity Grill - www.raincitygrill.com (Vancouver - Downtown)
- Rocky Mountain Flatbread Company - www.rockymountainflatbread.ca (Vancouver - West)
- Vij's Restaurant - www.vijs.ca (Vancouver - West)
- West Restaurant - www.westrestaurant.com (Vancouver - West)
- Wild Rice - www.wildricevancouver.com (Vancouver – Downtown)

食品生產者：

- Apple Lane Orchard (Denman Island)
- Big Bear Ranch - www.bigbearranch.com (Horsefly)
- Forstbauer Family Natural Food Farm - www.forstbauer.com (Chilliwack)
- Glenwood Valley Farms Inc. (Langley)
- Glorious Organics Cooperative (Aldergrove)
- Goat's Pride Dairy at McLennan Creek - www.goatspride.com (Abbotsford)
- Hoodoo Ranch - www.eatlocal.org/farm_vendors/hoodoo_ranch.html (Spences Bridge)
- Iron Maiden Seafoods - www.wildseafoods.com (Sooke)
- Little Qualicum Cheeseworks - www.cheeseworks.ca (Parksville)
- Lowland Herb Farm - www.lowlandherbfarm.com (Chilliwack)
- Natural Pastures Cheese Company - www.naturalpastures.com (Courtenay)
- North Arm Farm - www.northarmfarm.com (Pemberton)
- Picked For You (Maple Ridge)
- Polderside Farms Inc. - www.ssfpa.net/bcsfd/company-details.php?companyID=57 (Chilliwack)
- Poplar Grove Arbour - www.eatlocal.org/farm_vendors/poplar_grove.html (Agassiz)
- Raincoast Trading Ltd. - www.raincoasttrading.com (Delta)
- Silverhill Apple Orchard - www.bcfarmfresh.com/farm.asp?id=29 (Mission)
- Similkameen River Organics - www.certifiedorganic.bc.ca/search/pphdetail.php?id=811 (Cawston)
- Vale Farms Grassroots Ltd. - www.valefarms.com (Lumby)
- Yarrow EcoVillage Farm - www.yarrowecovillage.ca/farm/index.html (Chilliwack)

食品加工商：

- Anita's Organic Grain and Flour Mill Ltd. - www.anitasorganicmill.com (Abbotsford)
- Naturally Homegrown Foods Ltd. - www.homegrownfoods.com (Maple Ridge)

食品經銷商：

- BC Fresh Inc. - www.bcfreshinc.com Distributing root vegetables grown in the Fraser Valley.
- Biovia Organic Link Ltd. (Sourcing local organics and more for Vancouver & Sea-to-Sky chefs. Also has short-term cold storage available in Vancouver.) 604-633-9588

- Hopcott Premium Meats - www.hopcottmeats.ca (Pitt Meadows)
- Small Potatoes Urban Delivery - www.spud.ca (Greater Vancouver & Sea-to-Sky)

社區組織：

- FarmFolk/CityFolk Society - www.farmfolkcityfolk.ca
- Fraser Valley Farm Direct Marketing Association - www.bcfarmfresh.com
- 100 Mile Diet Society - www.100milediet.org